

Could this Second Lent in Lockdown be a God given opportunity for us to set aside time to draw closer to God?

P-R-A-Y – Pause – Rejoice – Ask – Yield – P-R-A-Y

Prayer Hour

Join us for an **Hour of Quiet Prayer
and Reflection** online



Every Wednesday During Lent, 7:45-8:45pm

Message us or email rector@hopeparishchurch.org for the Zoom Link

Worship At Home:

Helping those of you not online to worship at home

We are now producing and delivering a weekly service sheet, with prayers, a Bible reading and reflection on the passage of Scripture, for all of you who are not online. This is also being included in Adam's Weekly Email to the Electoral Roll and regular attenders amongst us. Please call Adam on 01978 760439 or Gareth if you'd like to receive this but are not currently receiving it. Thank you.

Twelve ways to build your relationship with God this Lent...

At Home

1. Sign up for our **Worship At Home** to be delivered to your door (for those of you who are not online, no charge)
2. **Read a gospel** from the Bible (Mark takes 90 minutes to read)
3. Use the **Prayer Page** and pray the **Diocesan Lent Prayer** everyday
4. **Read a good Christian book***
 - Archbishop of Canterbury's Lent Book 2021 – Hannah Steele's Living His Story (SPCK, 2020)
 - John Mark Comer's The Ruthless Elimination of Hurry (Hodder & Stoughton, 2019)
 - Pete Greig's How to Pray (Hodder & Stoughton, 2019)
5. **Fast** or give up something (food, TV, radio, devices etc) and use the time you save to read Scripture and pray

Online

6. Join us **online** on a Sunday (Facebook or Zoom) or Wed evening
7. Download the **#LiveLent app** from the Church of England, for daily reflections, a prayer for the day and family activities (or buy the booklet for £1.99*)
8. Google '**Lent in a bag**' and make yourself a bagful of activities
9. Young families – Buy a copy of the **Garden, the Curtain and the Cross Easter Calendar*** (begins on 21 March) and the accompanying storybook and puzzle book from www.thegoodbook.co.uk.

Outdoors

10. **Give thanks for the weather!** – go into your garden or go for a walk and celebrate the weather whatever the weather!
11. **Prayer Walk** – go for a walk (or use the News on the TV or radio) and pray for all that you see as you walk – local businesses, schools, residents shielding, NHS, public transport workers etc.
12. **Donate to the Foodbank Collection*** on Hope Church Car Park on Tuesday 9th March, 12noon-1pm

***Get in touch if you'd like some help ordering any of the above materials / donating to the Foodbank**