

Sunday 19 July 2020 – Trinity 6  
2pm Facebook

A Psalm for Life – Psalm 30

## Welcome & Notices

*Rev Gareth Erlandson, Curate*

## 1 We Gather to Worship

*Rachel Pawley*

We gather together now as the family of God,  
In our Father's presence,  
To offer him praise and thanksgiving,  
To hear and receive his holy word,  
To bring before him the needs of the world,  
And to seek his grace,  
That through his Son Jesus Christ  
We may give ourselves to his service.

A new week lies open before us;  
Let us pray with one heart and mind.

*Silence*

As we rejoice in the gift of this new week,  
So may the light of your presence, O God,  
Set our hearts on fire with love for you,  
Now and forever. **Amen.**

## 2 A Time to be Still

*We say to God:*

**Healing God,**

**Take from us what we need to carry no longer  
So that we may be free again to choose to serve you  
And to be served by each other. Amen.**

**May God forgive us, Christ come alongside us  
And the Holy Spirit renew and better our lives. Amen.**

### 3 A Time to Praise

***Bless the Lord, O my soul,***  
*O my soul, worship His holy name,*  
*Sing like never before, O my soul,*  
*I'll worship His holy name.*

The sun comes up, it's a new day dawning  
It's time to sing Your song again,  
Whatever may pass and whatever lies before me,  
Let me be singing when the evening comes.

*Chorus*

You're rich in love and You're slow to anger,  
Your name is great and Your heart is kind.  
For all Your goodness, I will keep on singing;  
Ten thousand reasons for my heart to find.

*Chorus*

And on that day when my strength is failing,  
The end draws near and my time has come,  
Still my soul will sing Your praise unending:  
Ten thousand years and then for ever more!

***Bless the Lord, O my soul,***  
*O my soul, worship His holy name,*  
*Sing like never before, O my soul,*  
*I'll worship His holy name.*  
*I'll worship His holy name.*  
*Yes I'll worship Your holy name.*

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### 4 A Time to Learn

*Psalm 30 Music Team*

*Psalm 30 NIV UK<sup>[a]</sup> (Bible Reading for Reference)*

*A psalm. A song. For the dedication of the temple.<sup>[b]</sup> of David.*

- 1 I will exalt you, Lord,  
for you lifted me out of the depths  
and did not let my enemies gloat over me.
- 2 Lord my God, I called to you for help,  
and you healed me.
- 3 You, Lord, brought me up from the realm of the dead;  
you spared me from going down to the pit.
- 4 Sing the praises of the Lord, you his faithful people;  
praise his holy name.
- 5 For his anger lasts only a moment,  
but his favour lasts a lifetime;  
weeping may stay for the night,  
but rejoicing comes in the morning.
- 6 When I felt secure, I said,  
'I shall never be shaken.'
- 7 Lord, when you favoured me,  
you made my royal mountain<sup>[c]</sup> stand firm;  
but when you hid your face,  
I was dismayed.
- 8 To you, Lord, I called;  
to the Lord I cried for mercy:
- 9 'What is gained if I am silenced,  
if I go down to the pit?  
Will the dust praise you?  
Will it proclaim your faithfulness?
- 10 Hear, Lord, and be merciful to me;  
Lord, be my help.'
- 11 You turned my wailing into dancing;  
you removed my sackcloth and clothed me with joy,  
12 that my heart may sing your praises and not be silent.  
Lord my God, I will praise you for ever.

Footnotes

- a. [Psalm 30:1](#) In Hebrew texts 30:1-12 is numbered 30:2-13.
- b. [Psalm 30:1](#) Title: Or palace
- c. [Psalm 30:7](#) That is, Mount Zion

## 4 A Time to Pray

### Prayers

*Hilda, St John the Baptist Church*

### Closing Prayers

*Rachel*

*As our Saviour taught us we boldly pray:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory  
for ever and ever. Amen.**

*Closing Prayer*

**May the peace of the Lord Christ go with us,  
wherever He may send us.  
May He guide us through the wilderness,  
protect us through the story.  
May He bring us home rejoicing  
at the wonders He has shown us.  
May He bring us home rejoicing  
once again into our doors.**

**In the name of the Father and of the Son and of the Holy Spirit. Amen.**

*The Grace*

**The Grace of our Lord Jesus Christ,  
the love of God,  
and the fellowship of the Holy Spirit  
be with us all evermore. Amen.**

Closing Song | <https://youtu.be/agROj9nTQP4>

**Take my life and let it be**

Consecrated, Lord, to Thee  
Take my moments and my days  
Let them flow in ceaseless praise  
Take my hands and let them move  
At the impulse of Thy love  
Take my feet and let them be  
swift and beautiful for Thee

Take my voice and let me sing  
always, only, for my King  
Take my lips and let them be  
filled with messages from Thee  
Take my silver and my gold,  
not a mite would I withhold  
Take my intellect and use  
every power as You choose

*Here am I, (here I am)*  
*All of me, (all of me)*  
*Take my life, (take my life)*  
*It's all for Thee, (it's all for Thee)*

Take my will and make it Thine  
It shall be no longer mine  
Take my heart, it is Thine own  
It shall be Thy royal throne  
Take my love, my Lord  
I pour at Your feet its treasure store  
Take my self and I will be ever, only, all for Thee  
Take my self and I will be ever, only, all for Thee

*Here am I, (here am I)*  
*All of me, (all of me)*  
*Take my life, (take my life)*  
*It's all for Thee, (it's all for Thee)*  
*(repeat)*

Frances R. Havergal and Henry A.C. Malan  
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